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WEIDEMAN (U. M.)

WHISKEY AND TOBACCO!

The Two Great Evils of the Day!

BY

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ARBA LANKTON'S
TOTAL ABSTINENCE AND ANTI-TOBACCO SOCIETY,
HARTFORD, CONN.

This Society holds Meetings at the Hall, 124 COMMERCE ST., from October 1 to May 1, and at Valley Railroad Depot from May 1 to October 1, every Sunday at 5 P. M. We buy, publish, circulate, and sell Religious, Temperance and Anti-Tobacco Tracts. This Society is non-partisan and non sectarian. The object is "Seeking to save." Contributions of Money toward the expenses of the work will be thankfully received, and the amount devoted to the cause, if sent to ARBA LANKTON, President, Sec'y and Treasurer, 2 Marsh Court, HARTFORD, CONN.

A MIGHTY SUM.

What the People of this Country pay yearly for Tobacco and Spirits.

The report of the internal revenue commissioner for the past year on the amount of whiskey and beer we drink and tobacco we smoke is a truly marvelous revelation. According to this we consumed 87,000,000 gallons of whiskey, brandy and distilled spirits; or, in other words, we drank 6,000,000,000 glasses of whiskey, for which we paid over the bar the enormous sum of $609,000,000, or $50,000,000 more than the annual appropriations of Congress combined. This represents a consumption of 100 glasses of whiskey each year for every man, woman and child between the Pacific and the Atlantic, or, counting only male adults, 500 glasses for each. Of beer the figures are equally astounding. The consumption was 31,962,943 barrels—that is, 12,785,169,200 glasses—representing an expenditure of $617,258,460, or about $10 for each inhabitant. In the neighborhood of 230 glasses are charged up in this circulatian against each of us as our annual allowance.

In the matter of cigars, cigarettes, smoking and chewing tobacco we are equally prodigal.

The extent to which the cigarette evil is growing and its deteriorating influence upon the health is demanding more and more attention from the medical world, although it seems in a measure to have escaped the attention of the legal authorities. While it is true that in Philadelphia and other large cities, laws have been passed prohibiting dealers from selling cigarettes to children, it is also true that these laws have quickly dropped into complete oblivion.

The baneful effects upon the system of the virtulent poisons contained in cigarettes are recognized by the highest medical authorities, who also agree that the parts most seriously effected are the brain, blood, and nervous system. The correctness of their theory being proven by the many cases of insanity, blood poisoning, nervous prostration, and even paralysis that have been traced directly to the habitual use of cigarettes.

The skin of the cigarette habitue assumes a yellowish cast and breaks out in pimples and blotches; the digestive organs are impaired and the nervous system completely deranged. The victim gradually becomes emaciated, his appetite disappeàrs, his mental faculties are weakened, and his condition soon becomes pitiable indeed.

In such cases ordinary remedial means are powerless.

For this luxury we pay: for cigars and cheroots, $253,750,000; for cigarettes, $22,332,000. This is apportioned for cigars, 83 to each inhabitant or 415 for each male adult: cigarettes, 51 to each man, woman and child, or 250 to each male adult. But this does not include the millions of bowls of tobacco that are consumed in pipes. The figures for smoking tobacco cannot be separated from those for chewing tobacco. Combined we consume 279,726,092 pounds of the fascinating weed, which costs us $139,663,036. Altogether, not taking stock of the money

we expend for champagne, the people of the United States spend annually for drink and tobacco the almost incomprehensible sum of $1,641,903,460. The mind is incapable of grasping the largeness of this total, but when it is remembered that this is more than the circulating medium of the United States; that is $27 per head more than the per capita circulation; that it proves the head of every family, supposing he handles the purse strings, pay out $195 annually for drink and tobacco, and that every dollar in the United States goes each year over the bar or the counter of some tobacconist, some idea of its magnitude can be obtained.

These figures are official.

Tobacco In Its Most Deadly Form Is Making Mighty Inroads In the Ranks of Youth—Startling Facts.

Look to the morals of your home.

All the medical fraternities of the United States and Great Britain, allopathic, homœopathic, hydropathic, eclectic and electric condemn cigarette smoking as one of the most destructive evils that ever befell the youth of any country, declaring that its direct tendency is a deterioration of the race. The cigarette is overshadowing every other branch of the tobacco business.

It is estimated that 700,000,000 cigarettes are manufactured annually in our country. Investigation has shown that cigarettes as a rule are adulterated and more injurious than tobacco. A physician had a cigarette analyzed and found the tobacco to be strongly impregnated with opium, while the wrapper, warranted to be rice paper, proved to be common white paper whitened with arsenic. An eminent physician pronounces cigarettes to be worse for boys than cigars, because the paper absorbs more of the nicotine. Nicotine is one of the subtlest of poisons. Dr. Brodie, Queen Victoria's physician, made several experiments with nicotine, applying it to the tongues of a mouse, a squirrel and a dog. Death was produced in every instance. Hold white paper over the smoke of a cigarette, scrape the condensed smoke from the paper and put a small quantity on the tongue of a cat, and in spite of its "nine lives" it will instantly writhe in convulsions and die.

Dr. Hammond gives it as his testimony that "no method for rendering existence painful is more efficacious than to smoke cigarettes and to inhale the fumes into the lungs. By this practice a very large absorbing surface is exposed to the action of nicotine and other poisonous products which are evolved when tobacco is burned. As a consequence the system is more thoroughly subjected to their influence and disease more certainly produced. The action of the brain is impaired thereby, the ability to think, and in fact, all mental concentration are weakened. Neuralgia, especially about the face, throat diseases, nasal catarrh, serious affections of the eye, dyspepsia, and above all, interruption in the normal action of the heart, are among the consequences resulting from the inhalation of cigarette smoke."

A distinguished French physician has investigated the effect of smoking on 38 boys between the ages of 9 and 15 who

were addicted to the habit. Twenty-seven presented distinct symptoms of nicotine poisoning. In 22 there were serious disorders of the circulation, indigestion, dullness of intellect and a marked appetite for strong drink. In 3 there was a heart affection, in 8 decided deterioration of the blood. In 12 there was frequent bleeding of the nose; 10 had disturbed sleep and 4 had ulceration of the mouth.

In New York, New Orleans and Chicago alone, one half million women and girls use cigarettes constantly; saying nothing of the other great cities; Philadelphia, St. Louis and Cincinnati, and the thousands of young boys, girls and young men in all the schools and colleges, who either openly or in secret are victims of this deadly vice.

Fathers and Mothers what think you of this?

Tobacco attacks the nervous system and thereby impairs the mental faculties. Dr. Willard Parker says, "Tobacco is ruinous in our schools, dwarfing the body and mind." At an examination for admission to the Free College of New York, out of 900 girls 660, or 71 per cent. passed, while only 48 per cent. of the boys could enter, the difference being ascribed to the stupefying effects of tobacco. The effect of tobacco on schoolboys is so marked as not to be open for discussion. The classes of Yale are graded according to their scholarship. In the first division only 25 per cent. use tobacco; in the second 48, in the third 70, and in the lowest 85. During the last 50 years no devotee of the weed has graduated from Harvard at the head of his class, although above 83 per cent of the students are addicted to its use.

A southern tobacconist stated to a New York Tribune representative that the extent to which drugs are used in cigarettes is appalling, and that "Havana flavoring" is sold by the thousand barrels, prepared from the tonka bean, which contains a deadly poison. Cigar wrappers are made from the filthy scrapings of ragpickers, arsenic being used in the bleaching process, while combustion develops the oil of creosote.

The use of tobacco in any form is an evil unmixed and without excuse. The chewer is a slave and a nuisance; filthy to every one and a bore to himself.

I knew a woman whose brain was so diseased by snuff that the odor of her person was unendurable to her own family. While an old clay pipe is a bane to the smoker; slowly but surely destroying vitality and life by nicotine poisoning, and influencing an unceasing desire for strong drink.

Young Men, Boys and Girls who use the poison, doesn't the danger worry you?

Price of this Tract for general distribution, 30 cents per 100, or $2.50 per 1000